

WHAT'S FOR LUNCH?



MONDAY

Braised Chicken Thighs
with Tomato Sauce

Roasted Vegetables over
Goat Cheese Polenta

Sweet Potatoes with
Pesto, Feta and
Pomegranate Seeds

Farmers Market Salad

Oven Roasted Brussels
Sprouts

TUESDAY

Taco Bar:
Cilantro Salmon Tacos

Oaxacan Braised Beef

Mexican Rice

Chipotle Cream
Mushrooms // Fajita
Peppers

Farmers Market Salad

Taco Toppings: Cheese,
Tortillas, Salsa Roja, Salsa
Verde, Sour Cream

WEDNESDAY

Chicken Shawarma

Couscous with Pine Nuts

Farmers Market Salad

Chickpea Fattoush Salad

Moroccan Carrot Salad

THURSDAY

Korean Steak Glass
Noodle Stir-Fry

Eggplant and
Mushroom Red Coconut
Curry

Jasmine Rice

Farmers Market Salad

Edamame, Snap Pea
Salad

THE WEEK OF
DECEMBER 16 - DECEMBER 19

